

AGEING IN MANAGEMENT PERSPECTIVE

Paper no.- HSHD –402

CC -11

Credits -3 +1=4

Sem. – 4 (M.Sc. H.D.)

Marks – 100 +50= 150

OBJECTIVES

- 1) To enable the students to know adulthood & ageing period.
- 2) To know the students about problems psychology & behaviours of adulthood and ageing.
- 3) To enable students to become aware and sensitized to issues related to care of elderly.
- 4) To develop skill for organizing activities for elderly.
- 5) To enable students to understand the theoretical perspectives of the ageing process.

UNIT : 1

- Types of age.
- The life span approach.
- Biological theories of ageing process.
- Physiological changes and its reasons.
- Longevity / life expectancy : Factors related to life expectancy.
- Theoretical perspective of ageing
 - Erikson's psychological approach.
 - Levinson's life structure.
 - Robert peck's theory.
 - Reigel's Dialectics of adjustment to developmental stage.

UNIT : 2

- Attitudes towards successful ageing / aged person.
- Family and social attitude towards ageing.
- Developmental tasks in Middle age.
- Characteristics of old age
- Developmental tasks in old age .

UNIT : 3

- Family pattern and Interpersonal relationship in middle and late adulthood.
- Problems of aged person.
- Adjustment in middle and late adulthood.
- Gender differences in adjustment.
- Sexual behavior in adulthood.
- Factors related to sexual behavior.
- Social and Family adjustment in middle and late adulthood.

UNIT : 4

- Work and Retirement :-
 - Types of retirement.
 - Feature related to retirement.
 - Effect of retirement, Adjustment with retirement.
- Leisure – definition, Types of leisure activities.
- Welfare program for aged person.
- Death and dieing.
 - Introduction, Types of Death.
 - Causes of Death in various age group.
 - Attitudes towards Death.
 - Research methods used in study of ageing.

PRACTICAL

- 1) To study the developmental task of old age and middle age.
- 2) To study the attitude of old age persons, who stayed in old age home.
- 3) Study on Family attitudes towards ageing.
- 4) Visit of old age homes and Report writing.
- 5) Preparation of blue print for Ideal old age home.
- 6) Planning of various leisure activities for old age person.

REFERENCES

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- Rice F.P (1995), Human development, New Jersey:, Prentice Hall.
- Harlock Allizabeth, "Developmental Psychology".
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